



TAKE A STEP

Take a step forward
And a step backward
And nod up and down

Take a step forward
And take a step backward
And bounce up and down

Hands down low
Hands up high
Close them, open them
Point to the sides

Hands down low
Hands up high
Close them, open them
Point to the sides

Jumping up and down
Turning round and round
Stomping on the ground
Stop and look around

Jumping up and down
Turning round and round
Stomping on the ground
Stop and look around

Look up,
Look down
Look around

