



## Dance Movements

# Fun At the Beach

### Song Lyrics

I've got sun cream  
And sunglasses

I've got a shovel

And pail

I've got sandals  
And my swimsuit

I've got a kite  
And a ball

I can swim  
I can dig

I can fly a kite  
At the beach

I go swimming  
I can dig

I can fly a kite  
At the beach  
I go swimming  
I can dig  
I can fly a kite

### Dance Movements

Rub sun cream on your arm

Form your thumbs and index fingers into "sunglasses" and place them against your eyes

With both hands, dig rhythmically with a plastic beach shovel

Swing one hand at hip level from side to side, as if holding the handle of a bucket

Point to your sandals with both index fingers

Pinch the fabric of your swim shorts between the thumb and index finger of each hand

Fly a kite with both hands

Throw a large beach ball from chest level with both hands

Making a swimming motion with both arms

With both hands, dig rhythmically with a plastic beach shovel

Fly a kite with both hands

Lace the fingers of both hands together behind your head and look up at the sun, smiling

Making a swimming motion with both arms

With both hands, dig rhythmically with a plastic beach shovel

Fly a kite with both hands

REPEAT THE

PREVIOUS FOUR

GESTURES