



## Dance Movements



## Bathtub Sailor

### Song Lyrics

Put two yellow ducks

in the tub

Quack! Quack! Quack! Quack! Quack!

Put two purple fish

in the tub

Glub! Glub! Glub! Glub! Glub!

One foot in

Then the other

One foot in

Then the other

Use the soap

And lots of water

Bathtub sailor

Wash your face

Bathtub sailor

Wash your legs

Bathtub sailor

Wash your hair

Soap and

ducks and

fish

Glub! Glub!

Glub! Glub!

### Dance Movements

Hold your hands out, palms up and fingers cupped into a basket, holding two imaginary rubber ducks

Bend down to put the ducks in the tub

Put your thumbs in your armpits and flap your “duck wings” backward

Show two imaginary plastic fish, one in each hand, pinching your fingers together to show they are smaller than the ducks

Bend down a bit to put them in the tub

“Swim”: start with your arms in front of your chest, palms out and “push water out of the way”

Lift a foot and step into the tub

Do the same with the other foot

REPEAT THE PREVIOUS 2 GESTURES

Pick up a bar of soap and move it rhythmically

Turn the taps rhythmically with both hands

Steer a large helm (hands above and in front of your head) and move it from side to side

Rub your face with both hands

Steer the helm again

Rub your legs

Steer the helm again

Rub your hair

Pick up a bar of soap and move it rhythmically

Put your thumbs in your armpits and flap your “chicken wings” backward

“Swim”: start with your arms in front of your chest, palms out and “push water out of the way”

Keep “swimming”