



Dance Movements



HORSE, HORSE

Song Lyrics

Horse, horse

Ride a horse

Ride a horse

In the snow

Horse, horse

Ride a horse

Ride a horse

Whoa, whoa!

Dance Movements

Leap like a horse: jump lightly with one foot, then the other. At the same time, with your hands curved downward at chest level, accompany each foot with an upward hand motion.

Grab a horse's reins and ride rhythmically

Starting with your hands raised high in the air, wiggle your fingers while lowering your hands

Leap like a horse: jump lightly with one foot, then the other. At the same time, with your hands curved downward at chest level, accompany each foot with an upward hand motion.

Grab a horse's reins and ride rhythmically

With forearms extended in front of you, palms facing forward, gently raise and lower your forearms two times