



Dance Movements



The Morning

Song Lyrics

Open your eyes

Shake your head

Look at the sun

Make the bed

Drink your juice

Brush your teeth

Go to school

Wave to me

Dance Movements

Start with your closed. Place a fist next to each eye and then quickly throw each hand forward as you open your eyes and stretch your fingers

Shake your head

Look up and down and make a big circle with your hands

Use both hands to pull the covers up as you make the bed

Pick up a glass and drink

Brush your teeth

Walk on the spot

Wave hello