



Dance Movements



Point and Touch

Song Lyrics

1-2-3-4

Point to the floor

1-2-3-4

Point to the door

Touch your eyes

Touch your ears

Touch your head

Touch your knees

Touch your tummy

Touch your nose

Welcome to the show

Please say hello

Hello

Hello

Hello

Hello

Dance Movements

-Raise and show four fingers, one by one

-Point to the floor rhythmically

-Raise and show four fingers, one by one

-Point to the door rhythmically with your index finger
(Do the next 6 actions with both index fingers)

-Touch your eyes

-Touch your ears

-Touch the top of your head (not your ears)

-Touch your knees

-Touch your tummy

-Touch your nose

- Make the "welcome" sign: stretch your arm forward with your hand perpendicular to the ground and sweep it out as you move your body in the same direction and tilt your head down

-Place your palms together in front of your chest (in a praying position)

-Wave rhythmically with one hand