



Dance Movements



Nice to Meet You

Song Lyrics

Nice to meet you

Hi! Hello!

Nice to meet you

Hi! Hello!

What a nice day

Hi! Hello!

Now let's start the
show

Raise your hands

Wave them high in the air

Touch your head

Turn around and around

Now stop

Look down

Look up

Look around

Dance Movements

Shake the hand of someone in front of you

Wave hello

Shake the hand of someone in front of you

Wave hello

Look up to the sky with your arms stretched out and
palms facing up

Wave hello

Point rhythmically at your watch

Throw your arms wide open to the sides

Raise your hands above your head (but don't move them
yet!)

Wave them from side to side

Touch your head rhythmically with both hands

Keep your hands on your head and spin several times
until.....

....you stop (looking towards the front) and make a stop
sign with one arm extended forward, hand raised

Look down

Look up

Look around