



Dance Movements

Welcome to the Show

Song Lyrics

Welcome to the show

Now let´s say hello

Welcome to the show

Now let´s say hello

Hands down low

Low, low, low

Hands up high

High, high, high

Hands down low

Low, low, low

Hands

up

high

and

say

Hey! Start the show!

Dance Movements

“Welcome” gesture: with one arm extended forward and the hand perpendicular to the floor, open your arm to the side and turn your torso in the same direction, while bowing your head

Wave to everyone

REPEAT THE TWO

PREVIOUS GESTURES

Extend your arms downwards, palms open and facing backwards

From the previous position, raise and lower your hands three times

Raise your arms above your head, palms open and facing forward

From the previous position, lower and raise your hands three times

Extend your arms downwards, palms open and facing backwards

From the previous position, raise and lower your hands three times

Raise your arms above your head, palms open and facing forward. Lower and raise them four times, one for each word here.

Make a “megaphone” around your mouth with your hands forming a circle

Shout through your “megaphone”