



JUMP AND RUN

Raise one arm
In the air
Raise two arms
In the air
And wave
Wave your arms
Wave your arms
Wave your arms

Nod your head
Side to side
Nod your head
Side to side
And turn
Turn around
Turn around
Turn around and

Jump, jump, jump
Everyone jump
Let's all jump

Run, Run, Run
Everyone run
Let's all run

Faster and faster
Everybody walk
Walk, walk
Stop!

