



Dance Movements



Tap, Clap

Song Lyrics

Show me your arms

wave wave wave

Show me your fingers,

tap tap tap

Show me your feet,

stomp stomp stomp

Show me your hands,

clap clap clap

Dance Movements

Stretch your arms over your head but don't move them

Wave your arms from one side to the other

Show all 10 fingers, with your arms stretched out at chest height and wiggle your fingers (to differentiate this gesture from the later gesture for "Show me your hands")

Show one hand with the palm facing up and tap your palm lightly with the fingers on your other hand.

Point to your feet rhythmically with your index fingers

Stomp the floor rhythmically

Show your hands, palms facing out

Clap 3 times

NOW CLAP TO THE BEAT OF THE SONG. TRY TO KEEP THE BEAT!