



Dance Movements



We Are The Best

Song Lyrics

Everybody knows that
We are the best. Yes!
We are the best.
So forget about the rest

Everybody knows that
We are the best. Yes!
We are the best.
So forget about the rest.
We´re walking down the street
And everyone we meet

Knows we can´t be beat
Because we are a team.

Nobody

can stop us.

All

for one,
one for

all.

Nobody

can beat us

We are champions

Hey! Hear us say,

Dance Movements

-Put your hands around your mouth to form a megaphone
-Point at your chest rhythmically with both thumbs

-Put one hand at shoulder height with fingers closed, thumb turned outward and pointing out to the side rhythmically

-REPEAT THE PREVIOUS 4 GESTURES

-Walk in place slowly and rhythmically

-Shake someone´s hand to one side, then again to the other side

-Wag an index finger, to say "no"

-Put one arm around the shoulder of a friend, then do the same with the other arm

-Point one arm to the side, index finger out, and make a horizontal semicircle as you point in front of you

-Hold one hand out, palm open, to say "stop"

-Show ten fingers

-Show one finger rhythmically

-Show ten fingers

-Point one arm to the side, index finger out, and make a horizontal semicircle as you point in front of you

-Point at your chest rhythmically with your thumbs

-Raise both arms, and with both hands show the number 1 rhythmically

-Put both hands around your mouth to form a megaphone



Dance Movements



We Are The Best

Song Lyrics

We ´re the best.
The best, the best.
Hey! Hear us say,
We ´re the best.
The best, the best.
WE ´RE THE BEST!

Dance Movements

- Raise both arms, and with both hands show the number 1 rhythmically (*sirve para ambas líneas)
- Put your hands around your mouth to form a megaphone
- Raise both arms, and with both hands show the number 1 rhythmically (*sirve para ambas líneas)
- Put your hands around your mouth to form a megaphone